

las vegas

MAGAZINE



37 TOP restaurants

MEN ON THE RESTAURANT SCENE
CELINE DION - THE BIG INTERVIEW
12 ADVENTURES FOR 2003

PLUS *23 Perfect Recipes*

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BY BONNIE CARROLL

the chef is in

HEALTH-CONSCIOUS FOOD WITH STYLE AND TASTE? CANYON RANCH SPA CLUB CAFÉ IS JUST WHAT JAMES BOYER ORDERED.

Sophisticated and satisfying spa cuisine sets Canyon Ranch SpaClub Café in the Venetian Resort tastefully apart from traditional restaurants dedicated to healthy food preparation and presentation by offering a menu that is not only exciting to the palate, but to the eye as well.

Located on the fourth floor of The Venetian Resort, the Canyon Ranch SpaClub is a sister property of the renowned Canyon Ranch Health Resort in Tucson, Arizona. Canyon Ranch Café continues to attract a variety of visitors who find Chef de Cuisine James Boyer's menus a refreshing and healthy alternative. "Using the freshest, highest-quality ingredients, including plenty of fruits and vegetables, is a paramount consideration in the planning of daily menus," says Boyer. But, this chef goes a step further by designing great-tasting breakfast and lunch dishes that are colorful and visually appealing, while fusing imaginative international flavor combinations.

Breakfast specialties are served all day and include cinnamon French toast with warm fruit compote; a variety of egg omelets; banana pancakes with strawberry sauce; lox and bagels with low-fat cream cheese and a daily breakfast wrap. Luncheon specials include grilled chicken quesedilla with black bean salsa; steak sandwich; parmesan-crusted mahi-mahi with Eby wheat salad, Provencal vegetables and baby arugula; Greek-stuffed chicken with Mediterranean vegetables and feta cheese; and spa club stir-fry served over brown rice. Dessert lovers will be happy to try the crème brûlée, pecan pie or signature homemade chocolate chip cookies.

From 5:30 am to 10 pm, the atmosphere in the spa is relaxing, but buzzing with people using state-of-the-art exercise equipment or on their way for a treatment. A popular pastime includes sampling the latest in fresh fruit and vegetable cocktails at the juice bar. Sun babies who enjoy basking at the venerable Venetian pool can enjoy a Canyon Ranch lunch or snack without missing a ray; and day spa visitors are literally steps away from the Café, where they are invited to kick-back and enjoy a nutritious fruit smoothie or fresh juice following a workout. For more information call 702-414-3600. *lvn*

From top: Cinnamon French toast with warm fruit compote; crème brûlée; Chef de Cuisine James Boyer holding signature dishes.

